Our paramount focus has remained patient service and access. We are building an atmosphere where nearly every patient request for access is answered with “yes,” and that atmosphere is already driving significant improvements. Through a great deal of hard work, outpatient visits grew 70 percent in the past two fiscal years. Patient satisfaction scores are also climbing and, thanks to our new Practice Manager, Marianne Freer, outpatient clinics are functioning better than ever before. Surgical cases have soared to new heights, and patient satisfaction with their surgical experience has also soared.

Our faculty have continued to get busier, led by the outstanding growth in Dr. Lewis Shi’s practice and by extremely strong growth in our spine group—Drs. James Mok and Michael Lee. In the past year, we have hired three outstanding faculty who will fill key roles in our department. We were able to recruit Aravind Athaviraham, MD, a sports orthopaedic surgeon, from Baylor University, where he had a promising career; his skill as a surgeon and educator has quickly made a positive contribution. Megan Meislin Conti Mica, MD, has just completed a hand fellowship at the Mayo Clinic and is now obtaining additional experience in shoulder surgery in Belgium; she will be a key contributor to our hand and upper extremity program. Finally, we were very excited to recruit Jennifer Wolf, MD, from the University of Connecticut, where she has had an exemplary career as a hand surgeon and researcher. Dr. Wolf will start work with us in 2016 and will help lead our hand program to a very bright future.

We have seen excellent progress in many of our scholarly endeavors this year as well. Our commitment to assembling and our ability to analyze large datasets to better answer clinical questions and help assess value in musculoskeletal care has begun to pay solid dividends. Manuscripts using big data to assess areas such as shoulder surgery, spine care, fragility fractures and arthritis care are but a few examples of areas in which our endeavors have led to publication in key journals. Orthopaedic trainees and Pritzker medical students have been invaluable contributors to these efforts, further cementing this line of investigation into our educational programs. Even more exciting are recent plans to leverage our expertise in computerized image analysis of radiographs and institutional expertise in genomics and image processing to begin investigations that link genomic data, radiographic information and clinical outcomes in exciting ways that may predict disease progression and lead to customized musculoskeletal care.

I am excited about the outstanding progress we have already made, as well as the opportunities ahead to advance orthopaedics at the University of Chicago and on a national level. We will, in the next two years, be expanding our clinical locations to the southwest suburbs and to the South Loop, and we will be participating in a large way in the planning, opening and operations of a new level 1 adult trauma center. This center at Holy Cross Hospital will add greatly to our educational programs and will add immeasurably to the services we provide South Side Chicago communities. There is no doubt our future is highly exciting!
Osteoporosis, the weakening of the bones due to loss of bone mass and tissue damage, puts older patients at risk for breaking a bone. Fragility fractures—broken bones related to osteoporosis—affect more than 2 million individuals over age 50 in the U.S. each year. Yet, less than 20 percent of these patients receive appropriate evaluation and treatment for their underlying disease. The orthopaedic surgeons at the University of Chicago Medicine are working to raise awareness about the increasing prevalence of osteoporosis and the consequences of bone loss.

"Fragility fractures are three times more common than heart attacks," explained orthopaedic surgeon and bone health expert, Douglas R. Dirschl, MD. "This is a huge and under-recognized public health issue."

As president of the American Orthopaedic Association (AOA), Dirschl was instrumental in developing the organization’s Own the Bone™ campaign, a national program designed to bring attention to the increasing prevalence of osteoporosis and the consequences of bone loss.

Douglas R. Dirschl, MD
Dr. Douglas R. Dirschl is a highly accomplished surgeon and an expert in orthopaedics. He specializes in caring for patients with musculoskeletal trauma and fractures, as well as other injuries and diseases of the bones, joints and muscles. Dr. Dirschl’s research focuses on the assessment of factors that influence reliability in classifying fractures. He has studied the quality of radiographs, as well as the use of decision-making strategies to enhance reliability (the extent to which various physicians classify a fracture in the same way).

Rex C. Haydon, MD, PhD
Dr. Rex C. Haydon is author of more than 25 articles and book chapters. He has accepted career development awards from both the Orthopaedic Research and Education Foundation and the National Institutes of Health. Additionally, Dr. Haydon’s research has also been supported by the Musculoskeletal Tumor Foundation.
At the University of Chicago Medicine, our foot and ankle team takes an individualized approach to treating foot and ankle problems, from the straightforward to the highly complex. We educate patients about their conditions and explain all available treatment options for reducing pain and improving function. When it comes to choosing treatment, we encourage our patients to participate in the decision-making process.

Roderick Birnie, MD
Dr. Roderick Birnie specializes in non-operative general orthopaedics. He sees patients with a variety of orthopaedic issues, including both upper and lower extremity conditions.

Douglas R. Dirschl, MD
A leader in medical education and health policy, Dr. Dirschl teaches medical students, residents and physicians about orthopaedic trauma, musculoskeletal pathophysiology and fractures. He has authored three books, more than 30 book chapters, and more than 75 peer-reviewed scholarly articles.

Brian C. Toolan, MD
Dr. Brian Toolan is an orthopaedic surgeon who is an expert in the care of foot and ankle disorders for adults and adolescents. He specializes in post-traumatic, arthritic and inflammatory conditions. Dr. Toolan also treats fractures, tendon and ligament injuries, and sports-related conditions. He provides care for patients with simple and complex problems. Dr. Toolan performed the first agility total ankle replacement in Chicago.

Sherwin S. W. Ho, MD
Dr. Sherwin Ho is an expert in sports medicine, specializing in minimally invasive arthroscopic procedures of the shoulder, elbow, hip, knee and ankle. He has served as faculty at numerous advanced courses for the American Academy of Orthopaedic Surgeons.

Foot + Ankle Team
Roderick Birnie, MD
Douglas R. Dirschi, MD
Brian C. Toolan, MD
Sherwin S. W. Ho, MD (Ankle)

Jovito Angeles, MD
Dr. Jovito Angeles is an expert in the surgical treatment of adults and children with orthopaedic conditions, particularly those with musculoskeletal problems of the upper extremities. He is also interested in the treatment of patients with traumatic and birth-related brachial plexus palsies, traumatic nerve injuries and compressive neuropathies.

Dr. Roderick Birnie specializes in non-operative general orthopaedics. He sees patients with a variety of orthopaedic issues, including both upper and lower extremity conditions. A respected educator, Dr. Birnie teaches medical students and residents in orthopaedic surgery at the University of Chicago.

Megan Meislin Conti Mica, MD
Dr. Megan Meislin Conti Mica specializes in the treatment of adults and children, including athletes at all levels, with injuries or disorders of the hand, wrist, elbow and shoulder. She has expertise in the management of traumatic and post-traumatic reconstructions, as well as the treatment of congenital, paralytic, arthritic, infectious, tumorous and acquired conditions affecting the upper extremity and brachial plexus. Additionally, she has advanced training in minimally invasive (arthroscopic) and microvascular (microscopic) techniques.

Daniel P. Mass, MD
Dr. Daniel Mass is a highly regarded expert in orthopaedic surgery of the hand and upper extremities. He has a special interest in the research and treatment of flexor tendon injuries (injuries to the muscles that allow the fingers to bend and flex), and he also studies the mechanics of the hand, wrist and elbow. A popular speaker, Dr. Mass has given numerous presentations on hand surgery to medical audiences around the world. In addition, he has written book chapters on flexor tendon injuries, and hand and wrist surgery.

From sporting activities to intricate work, healthy hands and wrists are critical to daily life.

At the University of Chicago Medicine, we have orthopaedic experts who are recognized leaders in the treatment of hand and wrist injuries and conditions. Our goal is to relieve pain and discomfort and to restore strength, motion, dexterity, form and function. We have the skill and expertise to treat the full range of conditions affecting the bone, joints and nerves of the hands and wrists.

Hand + Wrist Team
Jovito Angeles, MD (adult and pediatric)
Roderick Birnie, MD
Megan Meislin Conti Mica, MD
Daniel P. Mass, MD (adult and pediatric)
The orthopaedic specialists at the University of Chicago Medicine offer comprehensive care—non-operative, arthroscopic and joint replacement—for patients with hip pain, instability or disability.

For younger people with hip pain, eventual replacement of the joint is no longer a given. In recent years, significant advances in hip arthroscopy for soft tissue tears, dysplasia and abnormalities have increased treatment options for patients with non-arthritic hip pain. The goal of this treatment is to relieve pain and to preserve the hip pain. The goal of this treatment is to relieve pain and to preserve the quality of life for patients.


Sherwin S.W. Ho, MD
Richard W. Kang, MD, MS
Hue Luu, MD (Hip Replacement)

Sherin W.S. Ho is an expert in sports medicine, specializing in minimally invasive arthroscopic procedures of the shoulder, elbow, hip, knee and ankle. He has served as faculty at numerous advanced arthroscopic shoulder and knee courses for the American Academy of Orthopaedic Surgeons. Richard W. Kang is an orthopaedic sports medicine surgeon skilled in a variety of minimally invasive and arthroscopic procedures. He specializes in the diagnosis and management of adolescent and adult hip conditions, including labral tears and femoroacetabular impingement. Dr. Kang’s objective is to delay or prevent the onset of arthritis and the need for a joint replacement. His work is dedicated towards alleviating pain and restoring the quality of life for patients.

Hue Luu, MD

Dr. Hue Luu specializes in joint replacement surgery, including both direct anterior and posterior-lateral hip approaches for hip replacements. His research interests include: the fundamental mechanisms regulating bone biology and bone regeneration, osteolysis in total joint replacement patients and advances in gene therapy to study applications of bone biology in fracture care. He is a leading surgeon and trainer in the use of robotic-assisted hip replacement technology.

Bone and soft tissue tumor care is an area of expertise at the University of Chicago Medicine—leading surgeon, Dr. Hue Luu, specializes in joint replacement surgery, including both direct anterior and posterior-lateral hip approaches for hip replacements. He also specializes in joint replacement surgery, including both direct anterior and posterior-lateral hip approaches for hip replacements. He has served as faculty at numerous advanced arthroscopic shoulder and knee courses for the American Academy of Orthopaedic Surgeons.

Hue H. Luu, MD

Dr. Hue Luu is skilled in the surgical care of bone and soft tissue tumors. He also specializes in joint replacement surgery, including both direct anterior and posterior-lateral hip approaches for hip replacements. Dr. Luu works with a multidisciplinary physician team to provide comprehensive care for patients with benign and malignant musculoskeletal tumors. His research interests include: the fundamental mechanisms regulating bone biology and bone regeneration, osteolysis in total joint replacement patients and advances in gene therapy to study applications of bone biology in fracture care. Dr. Luu also has an interest in studying genes that control cancer metastasis, for the purpose of identifying new diagnostic and therapeutic approaches for treating malignant cancers.

Dr. Rex Haydon focuses on the comprehensive treatment of malignant and benign tumors in bone or soft tissue. He specializes in the surgical care of bone and soft tissue tumors, including limb-salvage and reconstructive surgery of the upper and lower extremities. Dr. Haydon works with an integrated team of specialists to ensure that patients have access to the most innovative and effective treatment options available. Also a skilled physician scientist, his research focuses on advancing the treatment of musculoskeletal tumors. Dr. Haydon has a particular interest in the underlying causes of musculoskeletal neoplasms. Author of more than 25 articles and book chapters, he has accepted career development awards from both the Orthopaedic Research and Education Foundation and the National Institutes of Health. Additionally, Dr. Haydon’s research has been supported by the Musculoskeletal Tumor Foundation.
The shoulder and elbow specialists at University of Chicago Medicine offer the complete range of non-surgical, minimally invasive (arthroscopic) and open surgery for teens, young adults and older adults. We design individual treatment plans tailored to each patient’s needs and goals, and we maximize use of non-surgical options prior to considering surgery. When surgery is necessary, our orthopaedic surgeons offer innovative and advanced operative therapies for repair of shoulder and elbow conditions, both minimally invasive and open. We strive to help patients regain full function and to return to their daily activities as soon as possible.

**Shoulder + Elbow Team**

**Aravind Athiviraham, MD**  
Joint Board Eligible, Shoulder and Elbow  
Richard Kang, MD, MS  
Sherwin S.W. Ho, MD  
Daniel P. Mass, MD  
Megan Maisin Conti Mica, MD  
Lewis Shi, MD

**Spine Team**

**Michael Lee, MD**  
Board Certified Spine Surgeon  
James Mok, MD

The University of Chicago Medicine orthopaedic spine team offers a wide range of non-surgical, minimally invasive and traditional proven surgical techniques for the treatment of back and neck problems. We maximize the use of non-surgical interventions for reducing pain and restoring function. When surgery is chosen, in some instances it can be performed using minimally invasive techniques that involve smaller incisions than those in traditional open surgery. Our team are leaders in the Chicago area in minimally invasive spinal surgery. In all cases, patients can expect the most effective solution: a treatment that has the highest probability of providing the most improvement and durability for the longest period of time.

**Michael Lee, MD**  
An expert spine surgeon, Dr. Michael Lee treats spinal injuries, degenerative conditions and spinal deformity as well as complex tumors of the spinal cord. He is dedicated to improving safety and quality measures for spine surgery. Dr. Lee has worked to identify risk factors for post-operative lumbar spondylolisthesis and to enhance lumbar spine surgical techniques. He recently has focused efforts on creating models to predict the likelihood of complication after spine surgery. In addition to his research, Dr. Lee teaches medical students, residents and fellows about spine surgery. Past courses have focused on the surgical treatment of complex spinal tumors and minimally invasive surgery.

**James Mok, MD**  
Dr. James Mok is a board-certified orthopaedic surgeon who specializes in the diagnosis and treatment of spine conditions, including herniated discs, spinal stenosis, spondylolisthesis and degenerative disc disease. He also cares for patients with cervical stenosis or myelopathy—conditions in which the spinal cord and nerves become compressed in the neck. In addition, Dr. Mok has a special interest in utilizing minimally invasive surgery (MIS) to speed up recovery times after spine surgery.

**Dr. Sherwin Ho**

Dr. Sherwin Ho is an orthopaedic surgeon who specializes in shoulder and elbow injuries. He maximizes patients’ non-operative management prior to considering surgery. If necessary, he offers minimally invasive (arthroscopic) and open procedures that are appropriate for the patient’s disorder. Dr. Shi’s research focuses on the molecular basis of rotator cuff tear and biomechanics of shoulder arthritis. He also is part of several national and international multi-center studies to improve diagnostic and treatment protocols of shoulder injuries.

**Dr. Aravind Athiviraham**

Dr. Athiviraham, a specialist in sports medicine, is skilled in minimally invasive and arthroscopic procedures of the shoulder and elbow. In addition, he has received advanced training in reconstructive procedures of the shoulder.

**Dr. Daniel Mass**

Dr. Daniel Mass is a highly regarded expert in orthopaedic surgery of the hand and upper extremities. He has a special interest in the research and treatment of flexor tendon injuries (injuries to the muscles that allow the fingers to bend and flex), and he also studies the mechanics of the hand, wrist and elbow.

**Dr. Jovito Angeles**

Dr. Jovito Angeles is an expert in the surgical treatment of adults and children with orthopaedic conditions, particularly those with musculoskeletal problems of the upper extremities.

**Dr. Richard Kang**

Dr. Kang is an orthopaedic sports medicine surgeon skilled in a variety of minimally invasive and arthroscopic procedures. He has expertise in the treatment of cartilage lesions of the shoulder.

**Dr. Megan Maisin Conti Mica**

Dr. Maisin Conti Mica is a skilled hand and upper extremity surgeon. She has advanced training in minimally invasive and microvascular techniques.
The orthopaedic surgeons at the University of Chicago Medicine offer state-of-the-art sports medicine for all ages and skill levels—from young competitors to weekend athletes to professional players. We offer non-surgical, surgical and rehabilitative options designed to return patients to their full ability and level of play.

The most common problems treated by our sports medicine team are:

- Knee problems, including anterior cruciate ligament (ACL) tears, meniscus and cartilage injuries, and problems affecting the kneecap (patella)
- Shoulder injuries, including dislocation, rotator cuff tears, swimmer’s/volleyball player’s shoulder, throwing injuries
- Hip injuries, including labral tears and femoroacetabular impingement (hip impingement) related to all sports (including gymnastics and dancing)
- Hamstring injuries and Achilles tendons
- Elbow injuries, such as golfer’s elbow and tennis elbow, ulnar collateral ligament injuries (Tommy John surgery)
- Hand and wrist injuries
- Sprains and strains
- Stress fractures
- Arthritis, bursitis and tendinitis

Sherwin S.W. Ho, MD
Dr. Sherwin Ho is an expert in sports medicine, specializing in minimally invasive arthroscopic procedures of the shoulder, elbow, hip, knee and ankle. He has served as faculty at numerous advanced arthroscopic shoulder and knee courses for the American Academy of Orthopaedic Surgeons. Dr. Ho currently serves on the academy’s Board of Councilors and is an official spokesman for the academy.

He has authored numerous medical articles and reference publications. Dr. Ho has served as a co-chief editor of sports medicine for the online publication, Emedicine, and is chairman of the annual University of Chicago Primary Care Orthopedics Course.

Richard W. Kang, MD, MS
Dr. Richard W. Kang is a board-certified orthopaedic sports medicine surgeon skilled in a variety of minimally invasive and arthroscopic procedures. He specializes in the diagnosis and management of adolescent and adult hip conditions, including labral tears and femoroacetabular impingement. He also has expertise in the treatment of cartilage lesions of the hip, knee and shoulder. By utilizing modern techniques to preserve the natural joint, Dr. Kang’s objective is to delay or prevent the onset of arthritis and the need for a joint replacement. His work is dedicated towards alleviating pain and restoring patients’ quality of life.

Aravind Athiviraham, MD
A specialist in sports medicine, Dr. Aravind Athiviraham cares for patients with athletic and overuse injuries, as well as other injuries and diseases of the bones, joints and muscles. He is skilled in minimally invasive and arthroscopic procedures of the shoulder, elbow, knee and ankle. In addition, he has received advanced training in reconstructive procedures of the knee and shoulder.

Ryan Hudson, MD
Dr. Ryan Hudson specializes in sports medicine. In addition to performing general consultations, he diagnoses and treats a wide range of sports-related injuries. Dr. Hudson is experienced in musculoskeletal radiology and ultra-sound guided minimally invasive procedures. Whenever possible, he offers patient non-operative solutions.

Lewis L. Shi, MD
Dr. Lewis Shi is an orthopaedic surgeon who specializes in shoulder and elbow injuries. He maximizes patients’ non-operative management prior to considering surgery. If necessary, he offers minimally invasive (arthroscopic) and open procedures that are appropriate for the patient’s disorders. Dr. Shi’s research focuses on the molecular basis of rotator cuff tear and biomechanics of shoulder arthritis. He also is part of several national and international multi-center studies to improve diagnostic and treatment protocols of shoulder injuries. Dr. Shi teaches medical students, residents and fellows. He has won numerous teaching awards and values his role as an educator secondary only to his role as the patient’s advocate.
WELCOME

Assistant Professor of Orthopaedic Surgery
ARAVIND ATHIVIRAHAM, MD

A specialist in sports medicine, Aravind Athiviraham, MD, cares for patients with athletic and overuse injuries, as well as other injuries and diseases of the bones, joints, and muscles. He is skilled in minimally invasive and arthroscopic procedures of the shoulder, elbow, knee, and ankle. In addition, he has received advanced training in reconstructive procedures of the knee and shoulder.

Dr. Athiviraham’s research focuses on the use of virtual arthroscopic simulators in resident training. His current research interest includes the role of orthobiologics to enhance tendon repair and ligament reconstruction, to optimize patient recovery from surgery and allow early return to sports activity. Dr. Athiviraham recently was awarded a grant from the American Board of Orthopaedic Surgery for his work. He has served as faculty at arthroscopic shoulder and knee courses organized by the Arthroscopy Association of North America. He also is also a reviewer for the American Journal of Sports Medicine and Arthroscopy: The Journal of Arthroscopic and Related Surgery. In addition, he has served as a team physician for several professional and college sports teams.

Assistant Professor of Orthopaedic Surgery
MEGAN MEISLIN CONTI MICA, MD

Megan Meislin Conti Mica, MD, is a skilled hand and upper extremity surgeon. She specializes in the treatment of adults and children, including athletes at all levels, with injuries or disorders of the hand, wrist, elbow, and shoulder. Dr. Meislin Conti Mica has expertise in the management of traumatic and post-traumatic reconstructions, as well as treatment of congenital, paralytic, arthritic, infectious, tumorous and acquired conditions affecting the upper extremity and brachial plexus. Additionally, she has advanced training in minimally invasive (arthroscopic) and microvascular (microscopic) techniques.

With a personal interest in international medicine, Dr. Meislin Conti Mica has trained under the instruction of recognized experts from the United States and abroad. She has participated in several international medical missions, along with completing a second traveling fellowship in France and Belgium to augment her training.
ORTHOPAEDIC SURGERY RESIDENTS

PGY-1
Blake Burkert, MD
Undergraduate/Graduate
Hendrix College/Emory University School of Medicine

Ravand Khazai, MD
Undergraduate/Graduate
Northwestern University/University of Missouri-Columbia School of Medicine

David Landy, MD, PhD
Undergraduate/Graduate
Vanderbilt University/Dartmouth Medical School & University of Miami Leonard M. Miller School of Medicine

Michael Perrone, MD
Undergraduate/Graduate
University of Florida/University of Florida & USF Health Morsani College of Medicine

PGY-2
Kenneth Chakour, MD
Undergraduate/Graduate
University of Illinois at Urbana-Champaign/University of Illinois College of Medicine

Srikanth Divi, MD
Undergraduate/Graduate
Johns Hopkins University/University of Pittsburgh School of Medicine

Patrick Leung, MD
Undergraduate/Graduate
Rutgers University/UMDNJ—Robert Wood Johnson Medical School

Jonathan Twu, MD
Undergraduate/Graduate
University of Illinois at Urbana-Champaign/University of Illinois College of Medicine

Noelle White, MD
Undergraduate/Graduate
The University of Western Ontario/Pennsylvania State University College of Medicine

PGY-3
Harpreet Bawa, MD
Undergraduate/Graduate
University of California, Los Angeles/Case Western Reserve University School of Medicine

Kyle Borque, MD
Undergraduate/Graduate
Texas A&M University/Baylor College of Medicine

Pranay Patel, MD
Undergraduate/Graduate
Washington University in St. Louis/Southern Illinois University School of Medicine

Anna Rosenblum, MD
Undergraduate/Graduate
Harvard College/Albany Medical College

PGY-4
Joseph Cohan, MD
Undergraduate/Graduate
University of San Diego/Tufts University School of Medicine

Ananth Eleswarapu, MD
Undergraduate/Graduate
Columbia University/The University of Pittsburgh School of Medicine

Oliver Schipper, MD
Undergraduate/Graduate
Bucknell University/Georgetown University School of Medicine

Jason Somogyi, MD
Undergraduate/Graduate
University of Chicago/University of Chicago Pritzker School of Medicine

Cory Stewart, MD
Undergraduate/Graduate
University of Washington/University of Washington Medical College

PGY-5
Erwin Bennett, MD
Undergraduate/Graduate
Santa Clara University/University of Chicago Pritzker School of Medicine

Jimmy Jiang, MD
Undergraduate/Graduate
Georgia Tech/University of Alabama School of Medicine

Min Lu, MD
Undergraduate/Graduate
University of Chicago/University of Chicago Pritzker School of Medicine

Gautam Malhotra, MD
Undergraduate/Graduate
University of Notre Dame/University of Notre Dame

Aneet Toor, MD
Undergraduate/Graduate
UCLA/Ohio State University College of Medicine

ORTHOPAEDIC SURGERY FELLOWS—2015 GRADUATES

Anna Avik, DO
(Hand and Upper Extremity)
Riverside County Regional Medical Center—Moreno Valley, CA

Arun Anoja, MD, PhD
(Musculoskeletal Oncology)
Trauma Fellowship at Wake Forest—Winston-Salem, NC

Erycka Florio, DO
(Hand and Upper Extremity)
New England Orthopaedic Specialists—Peabody, MA

Maged Hanna, MD
(Adult Reconstruction)
Pediatric Fellowship/Ohio

Kory Johnson, DO
(Adult Reconstruction)
Orthopaedic Associates of Michigan—Grand Rapids, MI

Mark Smyth, MD
(Sports Medicine)
Greene/McCleary Orthopaedic Associates—Gurnee, IL

Seung Jin Yi, MD
(Sports Medicine)
Florida Orthopaedic Institute—Temple Terrace, FL
Jovito Angeles, MD
Reviewer for the Journal of Bone and Joint Surgery—British Edition
Member, Reader Advisory Board of the Journal of Bone and Joint Surgery

Aravind Athiviraham, MD
Received an American Board of Orthopedic Surgery Grant to Foster Innovations in Resident Surgical Education; “Can virtual based arthroscopic simulators improve trainee performance?”

Robert Bielski, MD
Board Examiner for the American Board of Orthopaedic Surgery
Reviewer for the Journal of Bone and Joint Surgery
Reviewer for the Journal of Foot and Ankle Surgery
Reviewer for the Journal of the American Medical Association
Book Reviewer for the Journal of the American Medical Association

Roderick Birnie, MD
Doctors Demystify finger deformities for OTs and PTs
Boutonniere and Swan neck deformities

Douglas R. Dirschl, MD
Member, Own the Bone Steering Committee, American Orthopaedic Association
Member, Budget and Finance Committee, Orthopaedic Trauma Association
Member, Classification Committee, Orthopaedic Trauma Association
Immediate Past President, American Orthopaedic Association, June 2012–June 2013
Reviewer, Journal of Bone and Joint Surgery
Editorial Board, Journal of Orthopaedic Trauma
Reviewer, New England Journal of Medicine
Master Clinician, Bucksbaum Institute

Henry Finn, MD
Editorial Board, Journal of Arthroplasty
Oral Examiner, American Board of Orthopaedic Surgery

Rex Haydon, MD, PhD
Associate Editor for Current Orthopaedic Practice
Reviewer, Journal of Bone and Joint Surgery
Reviewer, Clinical Orthopaedics and Related Research
Reviewer, Journal of Orthopaedic Research
Reviewer, Journal of Gene Medicine
Reviewer, American Journal of Sports Medicine
Reviewer, Life/Science
Reviewer, Cancer Research
Grant Reviewer for the Musculoskeletal Transplant Foundation
Grant Reviewer for the Orthopaedic Research and Education Foundation
Grant Reviewer for the Italian Association for Cancer Research (AIRC)
Delegate-At-Large, Executive Committee, The American Orthopaedic Association

Tong-Chuan He, MD, PhD
Reviewer, American Journal of Sports Medicine
Reviewer, American Journal Human Genetics
Reviewer, Cancer Research
Reviewer, Journal of Clinical Investigation
Reviewer, Nature Biotechnology
Reviewer, Nucleic Acids Research

Honors + Awards 2015

The CCD has 240 private inpatient rooms (including 52 intensive care beds) and 28 state-of-the-art operating rooms. Every space is designed to maximize patient care and comfort, and to enable physicians to use the latest technology.
Michael Lee, MD
Co-chair, AO North America Principles and Treatments of Spinal Disorders for Residents Course. Las Vegas, NV
August 15-16, 2014
Co-chaired (Assistant Director) with Drs. Sherwin Ho and Richard Kang the course “Primary Care Orthopaedics: A Review of Basic and Current Concepts” Chicago, IL
Jun 15-17
Invited Faculty. University of Chicago CheilSS Research Proposal Development Workshop Summer Program in Outcomes Research Training (SPORT) for residents and junior faculty
Invited Faculty. MIS TLIF-Indications. Techniques and Outcomes. Lumbar Spine Research Society. Chicago, IL
April 9, 2015
Invited Faculty. AOSpine North America Principles and Treatments of Spinal Disorders for Residents Course. Las Vegas, NV Oct 10, 2014
Invited Faculty. AAOS/LSRS Lumbar Spine Cutting Edge Surgical Techniques #0055. Rosemont, IL, September 18-19, 2014
Hue H. Luu, MD
Grant Reviewer for The American Cancer Society Cell Structure and Metastasis (CSM) Study Section (Ad Hoc) (Atlanta, GA)
Grant Reviewer for the Orthopaedic Research and Education Foundation
Grant Reviewer for the University of Chicago Internal Scientific Advisory Panel
Grant Reviewer for Liddy Schriver Sarcoma Initiative (Ad Hoc) (Ossining, NY)
ABC Fellowship by the American Orthopaedic Association
John Martell, MD
Abstract Reviewer for Orthopaedic Research Society, Section of Arthroplasty
Reviewer, Journal of Wear
Reviewer, Journal of Bone and Joint Surgery
Manuscript reviewer for Clinical Orthopaedics and Related Research
Grant Submission Reviewer for the National Institutes of Health
Manuscript reviewer, Journal of Biomechanics
Manuscript reviewer, Computer Methods in Biomechanics and Biomedical Engineering
Manuscript reviewer, Journal of Biomaterials
Manuscript reviewer, Journal of American Academy of Orthopaedic Surgeons
Daniel Mass, MD
Recipient of the Gerald R. Laros, MD, Teaching Award for 2013
Bruce Reider, MD
Continues in his role as editor of the American Journal of Sports Medicine. Dr. Reider is also on the Board of Directors of the American Orthopaedic Society for Sports Medicine.
Reviewer, The Physician and Sports Medicine
Reviewer, World Book Encyclopedia
Reviewer, Journal of Orthopaedic Research
Consultant Editor, Post-Grad Advances in Sports Medicine, Publisher Forum Medicus, Inc.
Reviewer, American Journal of Sports Medicine
Reviewer, Clinical Journal of Sports Medicine (Canada)
Reviewer, AAOS Sports Medicine Evaluation
Editorial Board, Operative Techniques in Sports Medicine
Reviewer, Orthopaedics Today
Reviewer, Arthroscopy
Reviewer, Clinical Orthopaedics and Related Research
Invited Speaker: Indian Sports Medicine Society Congress (IAMSICON) Mumbai, India
Invited Speaker: Asia-Pacific Knee, Arthroscopy, and Sports Medicine Society (APKASS) Summit, Taipei Taiwan and Sociedad Española de Traumatología del Deporte (SETTRADE), Alicante, Spain
Lewis Shi, MD
Awarded the Laros Teaching Award for 2015 by the residents for his outstanding teaching skills. Appointed as a member of the AAOS Video Theater Committee, March 2014 through March 2016.
Michael Simon, MD
Continues in his role as the Associate Dean of Graduation Medical Education and DIO at the University of Chicago
Christopher Sullivan, MD
Reviewer, Clinical Orthopaedics and Related Research
Brian Tooan, MD
Oral examiner for Part II Oral Boards and Oral Recertification for the American Board of Orthopaedic Surgery
Manuscript Reviewer, American Journal of Sports Medicine
Current Concepts & Topical Reviews Committee, assistant editor for Foot and Ankle International
Teaching Award for 2013
COAP
Working toward fulfilling the Department of Orthopaedic Surgery and Rehabilitation Medicine’s mission to communicate knowledge through medical education, our faculty continue to be active in all levels of medical education. During the M3 year, we provide a core course for three hours, which includes instruction in casting and splinting, and a series of interactive lectures on orthopaedic topics. During their surgery clerkship, third year medical students are given the option of selecting orthopaedic surgery as their subspecialty rotation for 2.5 weeks. During this rotation, the junior medical students are introduced to the field of orthopaedics and given the opportunity to experience first-hand the rewarding yet challenging work we do.

During the M4 year, we offer a four-week elective inpatient rotation. Students are exposed to the various orthopaedic subspecialties during this rotation. In addition to our own students from Pritzker, this rotation is very popular with visiting students from other institutions as well. We also offer an outpatient elective, which is aimed towards students entering into primary care fields. Year after year, we continue to see many of our own students choose orthopaedics as a career.

Our residency program continued to flourish over the past year and has been greatly strengthened by the academic affiliation with the NorthShore University Health System (NSUHS). Through our affiliation with NorthShore, our residents rotate at Evanston Hospital, a designated Level I trauma center and Glenbrook Hospital, a community hospital in Glenview, Ill. All members of the NSUHS faculty are fellowship-trained subspecialty surgeons in well-established community practices. The individual practices of the faculty collectively provide an extensive, subspecialty-driven ambulatory experience in the evaluation and management of outpatient orthopaedic conditions. We have five residents training at NSUHS at a time on the total joint arthroplasty, foot & ankle, trauma, hand, and spine services.

The majority of the resident educational program in orthopaedic surgery continues to occur at the University of Chicago Medical Center. The clinical education is centered around inpatient units, on-site and off-site outpatient clinics, and the operating room. The management of patients is divided into eight clinical services that feature joint reconstruction including hip preservation, spine, oncology, pediatrics, foot and ankle, hand and upper extremity, and sports medicine. Our curriculum is organized through these subspecialties and teams of residents are assigned to each service.

The didactic portion of the residents’ education occurs mainly through the morning clinical conferences. Our 6:15 am conference is a monthly rotating conference on pediatric orthopaedics, trauma, basic science, morbidity and mortality, quality assurance, sports medicine, adult reconstruction, spine, hand and upper extremity, and surgical indications for musculoskeletal diseases. All of our conferences are attended and led by attendings. Following the 6:15 am conferences, every weekday morning from 7:00 to 7:30 am, the junior resident on-call presents the emergency room cases from the evening before. This serves as quality control and an educational experience for residents. After the emergency room review, all faculty are required to present their operative cases for the day and explain their operative indications. Following the faculty presentation, residents show radiographs of patients who were operated on the day before, so that all individuals can see some of the technical results from the previous day’s surgery. In addition to our daily morning conferences, we also have a weekly Grand Rounds on Wednesdays and a monthly Journal Club. We are fortunate to have a large number of outside guest speakers present at our Grand Rounds.

Our four fellowship programs—Hand & Upper Extremity, under the direction of Dr. Daniel Mass; Sports Medicine, under the direction of Dr. Sherwin Ho; Musculoskeletal Oncology, under the direction of Dr. Rex Haydon; and Adult Reconstruction, based at Weiss Memorial Hospital, under the direction of Dr. Henry Finn—continue to train some of the nation’s brightest, emerging orthopaedic subspecialists. Staying at the forefront of orthopaedic medical education is a goal the Department of Orthopaedic Surgery and Rehabilitation Medicine strives for at every level of education.
The orthopaedic program at NorthShore University HealthSystem is a valuable and robust component of the orthopaedic surgery graduate medical education program at the University of Chicago. Five residents rotate continually through the NorthShore Orthopaedic Department with subspecialty rotations in total joint, foot and ankle, hand, trauma and spine. Currently U of C and NorthShore Orthopaedic Departments facilitate two combined fellowship programs; Sports Medicine, and Hand and Upper Extremity. Live daily interactive video provides linkage and continuity to the University of Chicago campus. Daily conferences on the NorthShore campus complement the U of C programs with hand, trauma, surgical outcomes, arthroscopic correlation, journal club and spine conferences. Residents have the opportunity to interact with numerous clinical faculty and gain experience and exposure through the NorthShore Orthopaedic outpatient clinic, operating rooms, Evanston Hospital (level 1 trauma) ER, Ravine Way surgicenter and clinical offices of the faculty. They also participate in sub-specialty specific motor skills education programs in the NorthShore Orthopaedic Psychomotor Skills & Virtual Reality Laboratory featuring state-of-the-art skills education in trauma and arthroscopic surgery.

Another integral component of the residency and fellowship programs is the real-world experience gained through managing the NorthShore Community Health Center (CHC) clinics. Residents manage two clinics per week while hand and sports fellows each manage one clinic per month. The Orthopaedic faculty and CHC Co-Directors provide overall supervision for the clinics. The CHC Clinic offers residents and fellows the opportunity to assess and treat varying orthopaedic conditions from a wide patient population in preparation for their future practices.

### Annual Trauma Cadaver Course

Dr. David Beigler, the Division Head for Trauma in Orthopaedic Surgery at NorthShore, led another successful trauma course for the U of C orthopaedic residents on September 18 & 19, 2015. This is year four for this annual course. Our generous sponsors, DePuy Synthes, funded the entire course. The 2015 course was titled “DePuy Synthes SMART Lab” and welcomed 12 residents. Dr. Beigler served as faculty organizer for the course. The program included step-by-step surgical dissection for accessing orthopaedic traumas as well as identification and use of implants. The two-day course continues to be well-received as a valuable part of the residency program.

### Rehabilitation Medicine

Rehabilitation Medicine physicians work with other rehab professionals to restore or maximize each patient’s functional skills, self-sufficiency and mobility. That is why Physical Medicine & Rehabilitation is often thought of as the “quality of life” specialty, adding both life to years and years to life. Our physiatrists lead interdisciplinary teams that include nurses, physical therapists, occupational therapists, speech-language pathologists, case managers and others. These teams develop individualized treatment plans to address each patient’s rehab needs. Treatment plans also focus on the patient’s longer term functional goals once they’re home in the community.

These doctors provide patient care on an inpatient and outpatient basis. They also participate in various teaching activities for Schwab’s fully accredited residency training program in Physical Medicine and Rehabilitation with the University of Chicago Pritzker School of Medicine. At the University of Chicago, our Physical Medicine & Rehabilitation specialists are involved in many educational and clinical pursuits. Dr. Mary Lawler serves as advisor to Pritzker students who are interested in Physical Medicine and Rehabilitation as a specialty. Dr. Lawler also works with Dr. Cheryl Benjamin covering inpatient physiatry consultations at the University of Chicago. Dr. Michelle Gittler is the Resident Program Director at Schwab Rehabilitation Hospital and Clinical Associate Professor at the University of Chicago.
The goals of our research endeavors are to create new knowledge, to inspire others to create new knowledge, to incorporate understanding and application of investigative methods into the fabric of our educational programs, and to make a substantive impact on where orthopaedic care will be in the future. Basic, clinical and translational research in orthopaedic science is an integral part of our graduate medical education. Thus, in addition to the clinical and educational commitments, our faculty is actively involved in a broad range of research on bone and musculoskeletal diseases. Research endeavors have been grouped in thematic areas; for a listing of publications or presentations unique to faculty members, please see page 36 of this Annual Report.

The Orthopaedic Biomedical Imaging Institute

The Orthopaedic Biomedical Imaging Institute, under the direction of John Martell, MD, continues to shape the present and future of image processing in orthopaedic practice. The Institute’s projects have been funded by grants from The Harris Foundation, NIH/NIAMS, Smith & Nephew, Stryker, Biomet and Zimmer. The Orthopaedic Biomedical Imaging Institute is known nationally and internationally as a resource for the most innovative and accurate techniques for non-invasively measuring polyethylene wear in total hip and knee replacements. Additionally, it will become one of the international leaders, in collaboration with other scientists at the University of Chicago, in linking genomic information to imaging information to musculoskeletal disease to the outcomes of orthopaedic care – an endeavor we are calling ‘radiomics.’

Dr. Martell accommodates requests from academic joint replacement programs to observe the techniques that are used in processing and analyzing films. The Institute has become a world-class resource for the analysis of polyethylene wear in total hip arthroplasty, and researchers, orthopaedic practitioners and implant companies contract with the Institute to do the analysis of polyethylene wear in their total joint implants.

Dr. Martell has recently developed mechanical analysis software that allows investigators to estimate the joint reaction force and stress in normal and prosthetic hips. Using the joint stress as a predictor variable in combination with patient activity indicators (speed of walking, UCLA score or pedometer data), he has developed a multiple- logistic regression model that can identify patients with total hips that are at risk for high wear and osteolysis in the long term. This model is now 87 percent accurate and has no false negatives in a series of 300 hips with minimum eight-year follow-up.

Dr. Martell has partnered with Dr. Christian Heisel at Heidelberg University in Germany to investigate the biomechanical factors predisposing women to hip arthritis. Preliminary results show a significantly higher contact stress in the native hips of women patients compared to men. Factors that play a role in this finding are: a wider female pelvis, causing the body weight momentum to be larger; smaller femoral offset in women; and smaller femoral heads, which increases contact stress. Dr. Martell is also working with Dr. William Walters from Australia to investigate the biomechanics of ceramic total hip arthroplasty to identify factors leading to squeaking in ceramic total hip arthroplasty.

Dr. Martell, in partnership with Argonne National Laboratories, has received $20,000 through the BIASE initiative to fund a pilot project to develop a visual-tactile feedback system for use in minimally invasive robotic surgery. Preliminary testing of this video processing image analysis system has shown the capability to detect real-time suture strain rates that are 100 times lower than the strain to failure. Work now continues on perfecting the video processing, including measuring strains in sutures from archived clinical videos.

Drs. Douglas Dirschl and Martell, in collaboration with Maryellen Giger, PhD, in radiology, have recently begun work on a line of investigation that has the potential to change our ability to predict orthopaedic disease and...
could lead to orthopaedic treatment customized to the individual. This broad line of research, termed radionics, leverages expertise at the University of Chicago in genomics, image processing and large data management, and merges these with musculoskeletal expertise in a way that may have a profound impact on patients. There is a wealth of information in the human genome that is largely untapped; there is also a wealth of morphologic and temporal information in x-rays of the human skeleton; finally, the ubiquitous nature of both genomic and imaging information allows the application of big data analytic techniques to these sources of data all intersecting around the prevalence, progression and treatment of musculoskeletal disease. The collaborators have recently submitted a grant application to the NIH to fund the early and heavily analytical phases of this research.

For example, imagine very large databases of genomic information (DNA) and pelvis x-rays. By utilizing big-data analytic and imaging processing techniques, we will be able to link specific genomic patterns to specific morphological and textural patterns in the pelvis. With a bit of longitudinal data, then, this technology will enable the correlation with and prediction of arthritis of the hip joint. Further application of this information will indicate which management techniques (whether surgical or nonsurgical) have the greatest success in individuals with certain genomic and morphologic patterns, which could lead to customized treatments for arthritis in individuals – all based on data that can be obtained from a drop of blood and a pelvic x-ray. We have great enthusiasm for this line of inquiry.

Tendon and Ligament Injury Repair

Drs. Daniel Mass, Sherwin Ho, Lewis L. Shi, and Jovito Angeles, in collaboration with Dr. T.C. He, are investigating possible gene therapy approaches to enhancing tendon and ligament healing using recombinant adenoviral vectors expressing BMPs and/or other biological factors. They have recently reported that insulin-like growth factor characterization of these target genes is currently ongoing. Meanwhile, they have conducted gene-profiling analysis currently using this model to investigate several promising candidate genes associated with osteosarcoma tumor growth. They have identified several key inhibitors of differentiation that are commonly expressed in human tumors. The researchers hypothesize that that osteosarcoma may represent a “disease of differentiation” possibly caused by the defects in the terminal differentiation pathway of pre-osteoblast and/or osteoblasts. They are attempting to reconstruct osteosarcoma-like cells from mesenchymal stem cells by disrupting the differentiation pathway and enhancing proliferation activity of the progenitors. Consistent with the “disease of differentiation” model, generic differentiation agents, such as PPAR agonists and retinoic acids, were shown to promote osteogenic differentiation and inhibit osteosarcoma tumor growth.

Dr. He and Luu have recently reported that insulin-like growth factor 3 (IGFBP3) suppresses tumor growth and metastasis of human osteosarcoma.

Dr. Haydon and Luu developed a novel orthotopic tumor model for osteosarcoma progression and pulmonary metastasis. This model highlights different stages of primary bone tumor progression and the eventual development of pulmonary metastasis. Researchers are currently using this model to investigate several genes for their role in controlling bone tumorigenesis and metastasis. Meanwhile, they have conducted gene-profiling analysis of gene expression patterns between non-metastatic and highly metastatic osteosarcoma cells, and have identified several promising candidate genes associated with pulmonary metastasis of osteosarcoma. Further functional characterization of these target genes is currently ongoing. They have recently reported that insulin-like growth factor binding protein 5 (IGFBP5) suppresses tumor growth and metastasis of human osteosarcoma.

Articular Cartilage Regeneration

The sports medicine research program has been intensively investigating the biological processes in articular cartilage regeneration. Articular cartilage has little intrinsic capacity to repair itself after injury; prompting many researchers to explore new methods to facilitate and augment cartilage regeneration. Currently, a variety of approaches have been developed, including chondroplasty, osteochondral transfer procedures (autologous and allograft procedures), microfracture and autologous cultured chondrocyte implant. Each of these techniques is useful when utilized in appropriate conditions; however, a significant cohort of patients still fail to achieve good to excellent results even when surgical, pharmacologic and physical therapy are optimal by current standards. These clinical failures suggest that new biologic strategies, including gene therapy, may be a useful adjunct to current treatments to further improve clinical outcomes.

Articular cartilage regeneration

Drs. Richard Kang and Richard Haydon are investigating the possible use of Sox9 and/or other biofactors to facilitate articular cartilage regeneration. Previously, Drs. He and Kang showed that Sox9 successfully transduced intervertebral disc cells with Sox9, a transcription factor necessary for chondrogenesis and Type II collagen synthesis. They observed that human degenerative intervertebral disc cells transplanted with Sox9 genes led to chondrocyte proliferation with increased production of Type II collagen. Currently, Drs. Ho and Kang are investigating whether exogenous expression of Sox9 in articular cartilage cells or in mesenchymal stem cells will augment articular cartilage repair in a rabbit model. This research has included experiments comparing different man-made scaffolds that can be used to implant these genetically altered cartilage cells back into the host knee defects.

Osteosarcoma is a “Differentiation Disease”

Under the direction of Drs. He, Haydon, and Hui H. Luu, the Molecular Oncology Laboratory has focused on the molecular basis of bone and soft tissue tumors through collaborations with Drs. Michael A. Simon and Anthony Montag. They previously found that β-catenin signaling is activated in approximately 70 percent of human osteosarcoma samples, suggesting that deregulation of β-catenin may play a role in the development of human osteosarcoma. They examined the expression of the S100A6 in human osteosarcoma, and found that approximately 84 percent of the analyzed osteosarcoma specimens stained positive for S100A6. Thus, their findings suggest that S100A6 may be associated with the pathogenesis of osteosarcoma. More recently, Drs. Haydon, Luu and He found that, while in mesenchymal stem cells BMP-2 and BMP-9 induce osteogenic differentiation, osteosarcoma cells are refractory to BMP-induced bone formation with increased cell proliferation, suggesting that blocks to normal BMP-induced differentiation must exist. Downstream targets of the osteogenic BMPs include several key inhibitors of differentiation that are
As natural products and herbs represent a great deal of resources for drug discovery, we have collaborated with Dr. Chun-Su Yuan of the Tang Center for Herbal Medicine Research and investigated the effect of several herbal products, such as berberine and gingko extracts, on cancer growth and proliferation, as well as on stem cell differentiation. Dr. He was one of the PIs on a P01 grant from the NIH to study the role of herbal products in cancer.

The He, Hayden and Lu group previously demonstrated that Wnt/β-catenin signaling is de-regulated in over 70 percent of human osteosarcomas. The He, Hayden and Lu lab has demonstrated that normal Wnt/β-catenin signaling is required for BMP-9-signaling in MSCs. They have completed a microarray analysis on the genes regulated by Wnt3a in mesenchymal stem cells, and found that CTGF is also highly regulated by Wnt. They have recently finished a study in which they demonstrate that CTGF is a mutual target of Wnt and BMP-9 and plays an important role in regulating osteogenic differentiation. Furthermore, Drs. He, Hayden and Lu have recently investigated the potential synergetic effect of other factors on BMP-9-mediated osteogenic differentiation and bone formation. Such factors include retinoid receptors and IGFs.

Molecular Biology of Bone Formation and the Role of BMP-9

Although several BMPs (mostly BMP-2 and BMP-7) have been shown to induce bone formation, it is unclear whether the ones currently used represent the most osteogenic BMPs. Through a comprehensive analysis of the 14 types of human BMPs, the He, Hayden, and Lu lab previously demonstrated that BMP-2, BMP-6, and BMP-9 are the most potent osteogenic BMPs in osteoblastic progenitor cells. They have concluded several rounds of in vivo studies and found that BMP-2, BMP-6 and BMP-9 are the most potent osteogenic BMPs at inducing orthotopic bone formation in athymic mice. Interestingly, they have also found that osteogenic BMPs can induce adipogenic differentiation of mesenchymal stem cells. They have demonstrated that TGFbeta/BMP type I receptors ALK2 and ALK3 are essential for BMP-9-induced osteogenic signaling in mesenchymal stem cells.

To identify potentially important mediators of BMP-induced osteogenic signaling, Drs. He, Hayden and Lu determined the transcriptional differences between three osteogenic BMPs (i.e., BMP2, BMP6, and BMP9) and two inhibitory/ non-osteogenic BMPs (i.e., BMP3 and I2). Through the microarray analysis in pre-osteoblast progenitor cells, they found that expression level of 205 genes (105 up-regulated and 98 down-regulated) was altered >2-fold upon osteogenic BMP stimulation. Gene ontology analysis revealed that osteogenic BMPs, but not inhibitory/ non-osteogenic BMPs, activate genes involved in the proliferation of pre-osteoblast progenitor cells towards osteoblastic differentiation, and simultaneously inhibit myoblast-specific gene expression. Their findings are consistent with the notion that osteogenesis and myogenesis are two divergent processes. The Molecular Oncology Lab identified several potentially signaling mediators of BMP-induced osteogenesis. Several such downstream targets are the inhibitors of DNA binding/ Differentiation helix-loop-helix (Id proteins), connective tissue growth factor (CTGF), Hey1 and growth hormone. Their studies thus far have demonstrated that both Ids, CTGF, Hey1 and growth hormone play an important role in BMP-9-induced osteogenic signaling.

Evaluating the Value of Musculoskeletal Care: Clinical Effectiveness and Outcomes Research

We endeavor to be leaders in shaping the national discussion of the future direction of musculoskeletal care. In collaboration with other centers within the BSD (the Center for Health and the Social Sciences, the Department of Public Health Sciences and the Center for Research Informatics) across the UChicago campus (Booth School, Harris School and others), we have embarked on a program of investigation, presentation, discussion and publication of a wide variety of projects aimed at, in a variety of ways, making meaningful statements about the value of musculoskeletal and orthopaedic care in the United States. Dr. Lewis L. Shi is leading several multi-center shoulder clinical outcome studies. These are prospective randomized control trials studying the optimal methods of treatment for rotator cuff tears, biceps tendinitis and labrum tears. Drs. Douglas Dirschl, Lewis Shi, and Michael Lee. Residents engaged include Drs. Harpreet Bawa, Jimmy Jiang, Min Lu, Joseph Cohen, David Landy, Ananth Eleswarapu and Srikanth Divi. Approximately 15 Pritzker School of Medicine students also participated in these investigations.

This line of inquiry will continue to grow as we assemble more and more sources of clinical data. We are currently actively pursuing, with our collaborators, statistical methods by which we can marry data from a variety of large databases to make even more impactful statements about orthopaedic care that we feel will help inform providers and policymakers nationally about what the most appropriate and successful treatment interventions.
This year’s AAOS Annual Meeting will be held in Orlando, Florida March 1-5, 2016. The University of Chicago Department of Orthopaedic Surgery and Rehabilitation Medicine Annual Alumni Reception is being held at the DoubleTree by Hilton Orlando at SeaWorld, 10100 International Drive, Orlando, FL, on Friday, March 4, 2016 from 6:30-8:30 p.m. in Coral B. I hope to see you there.

Sincerely,
Douglas R. Dirschl, MD
Lowell T. Coggeshall Professor and Chairman
Department of Orthopaedic Surgery
and Rehabilitation Medicine
The University of Chicago Medicine
and Biological Sciences

Scott Mubarak, MD
Dr. Scott Mubarak is a nationally recognized pediatric orthopaedic surgeon, noted for his work in infant hip dislocation, foot deformities and tarsal coalition, clubfoot, muscular dystrophy, cerebral palsy, trauma, and compartment syndromes. His orthopaedic training took place at the University of California, San Diego. Fellowship residency, he completed a Pediatric Orthopaedic fellowship at the Hospital for Sick Children in Toronto, Canada under the leadership of Robert Salter and Norris Carroll.

Dr. Mubarak has authored about 150 peer review journal articles, 40 book chapters, and a textbook entitled “Compartment Syndromes and Volkmann’s Contracture”. Some of his noteworthy publications include: (1) Pitfalls in the Use of the Pavlik Harness for Treatment of Congenital Dysplasia, Subluxation and Dislocation of the Hip, (2) The San Diego Pelvic Osteotomy, (3) Calcaneal, Cuboid and Cuneiform Osteotomies for Valgus Foot Deformities, and (4) Treatment of Tarsal Coalition of the Foot. Altogether, Dr. Mubarak has described or co-authored more than 25 procedures useful in the field of pediatric orthopaedics.

Honors
Dr. Mubarak has been the recipient of numerous honors and awards including: President of Pediatric Orthopaedic Society of North America (POSNA), the American Academy of Orthopaedic Surgeons’ Kappa Delta Award for research on Compartment Syndromes and muscle pressure measurement, and the Walter Blount Pioneer Award for the outstanding clinical scientific paper on muscular torticollis at POSNA.

Graduating Residents

(Left, top to bottom)
1. Erwin Bennett, MD
   Erwin will be going to MedStar Union Memorial Hospital in Baltimore, MD for a Foot and Ankle Fellowship under Lew C. Schon, MD, Program Director.

2. Jimmy Jiang, MD
   Jimmy will be returning to the University of Chicago for a Hand and Upper Extremity Fellowship under Daniel P. Mass, MD, Program Director.

3. Min Lu, MD
   Min will be going to the University of California, San Francisco, for an Adult Reconstructive Surgery Fellowship under Erik Hansen, MD, Program Director.

(Left, top to bottom)
4. Erwin Bennett, MD
   Erwin will be going to MedStar Union Memorial Hospital in Baltimore, MD for a Foot and Ankle Fellowship under Lew C. Schon, MD, Program Director.

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9. Min Lu, MD
   Min will be returning to the University of California, San Francisco, for an Adult Reconstructive Surgery Fellowship under Erik Hansen, MD, Program Director.

(Right, top to bottom)
10. Gautam Malikota, MD
    Gautam will be returning to the University of Chicago for a Hand and Upper Extremity Fellowship under Daniel P. Mass, MD, Program Director.

11. Zachary Sisko, MD
    Zachary will be going to the University of Western Ontario, London Health Sciences Center for an Adult Reconstructive Surgery Fellowship under Richard McCalden, MD, FRCS, Program Director.

12. Aneet Toor, MD
    Aneet will be going to Kerlan Jobe Orthopaedic Clinic in Los Angeles for a Sports Medicine Fellowship under Neal S. ElAttrache, MD, Program Director.

13. Gautam Malhotra, MD
    Gautam will be returning to the University of Chicago for a Hand and Upper Extremity Fellowship under Daniel P. Mass, MD, Program Director.

14. Zachary Sisko, MD
    Zachary will be going to the University of Western Ontario, London Health Sciences Center for an Adult Reconstructive Surgery Fellowship under Richard McCalden, MD, FRCS, Program Director.

15. Aneet Toor, MD
    Aneet will be going to Kerlan Jobe Orthopaedic Clinic in Los Angeles for a Sports Medicine Fellowship under Neal S. ElAttrache, MD, Program Director.

Dr. Mubarak, faculty and residents enjoyed dinner at the Oriental Institute on campus following the lecture.


PRESENTATIONS & PUBLICATIONS


PRESENTATIONS & PUBLICATIONS


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